



Charleston Twist Line Dance A, B, C

Übungen Basics Steps für 20s Charleston und Solo Charleston

Part A

- Basic + Basic (8) + (8)
- Basic + Walk Turn (Rechts herum – Steps R, L, R, L) (8) + (8)
- Basic + Motown (8) + (8)
- Basic + Round Step (Out, Back, Cross, Vor, Run, Run, Run) (8) + (8)

Part B

- Basic + Shadow Turn Box (Cross, Back, Side, Ahead RLR(L)) (8) + (8)
- Basic + Boogie Drops (8) + (8)
- Basic + Twist Doppel Kicks (Heel Out) (8) + (8)
- Basic + Kicks Cross, Inside, Out Step (8) + (8)

Part C

- Basic + Pushes (Double Kicks) Rechts und Links (8) + (8)
- Basic + Opposites (Heels, Toes, Left, Right) mit den Armen (8) + (8)
- Basic + Mess Around (Hüfte im Kreis, RHand auf Bauch, Linke Hoch) (8) + (8)
- Basic + Show Shine (R Back, Zeige linken Schuh, Arme wie immer) (8) + (8)

Scare Crow, Cow Tail or Windmill, Suzy Q's, Apple Jack, Fishtail, Twisting Knees, Running Kicks, Knee Slaps...

Lindy Charleston Basic, Change Direction, All around the World, Round Step, Squad Charleston, ...